

2011 Military Health System Conference

Process Improvement Success

Impacting Per Member Per Month (PMPM) Through Strong Clinical Management

The Quadruple Aim: Working Together, Achieving Success

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26 January 2011



Naval Hospital Bremerton,
Washington

Naval Hospital Bremerton (NHB)



- 40 bed family medicine teaching hospital
- 36,000 enrollees
- 1300 staff members
- Madigan Army Medical Center (MAMC) 40 miles south
- Average day:
 - 1,200 medical outpatient visits
 - 9 surgery cases
 - 2 babies delivered
- Average Daily Census: 17 patients



- Readiness
- Per Capita Cost
 - Emergency Room/Urgent Care usage
 - Specialty Care utilization
- Population Health
 - HEDIS metrics
- Experience of Care
 - Access to care
 - Staff/patient satisfaction
 - Provider continuity



- Good Staff Morale
- Focus on Quality/Process Improvement Versus Solely RVU Production
- Enroll to Capability and Capacity
- Strong Referral and Right of First Refusal Program
- Minimize Emergency Room/Urgent Care Usage
- Patient Satisfaction



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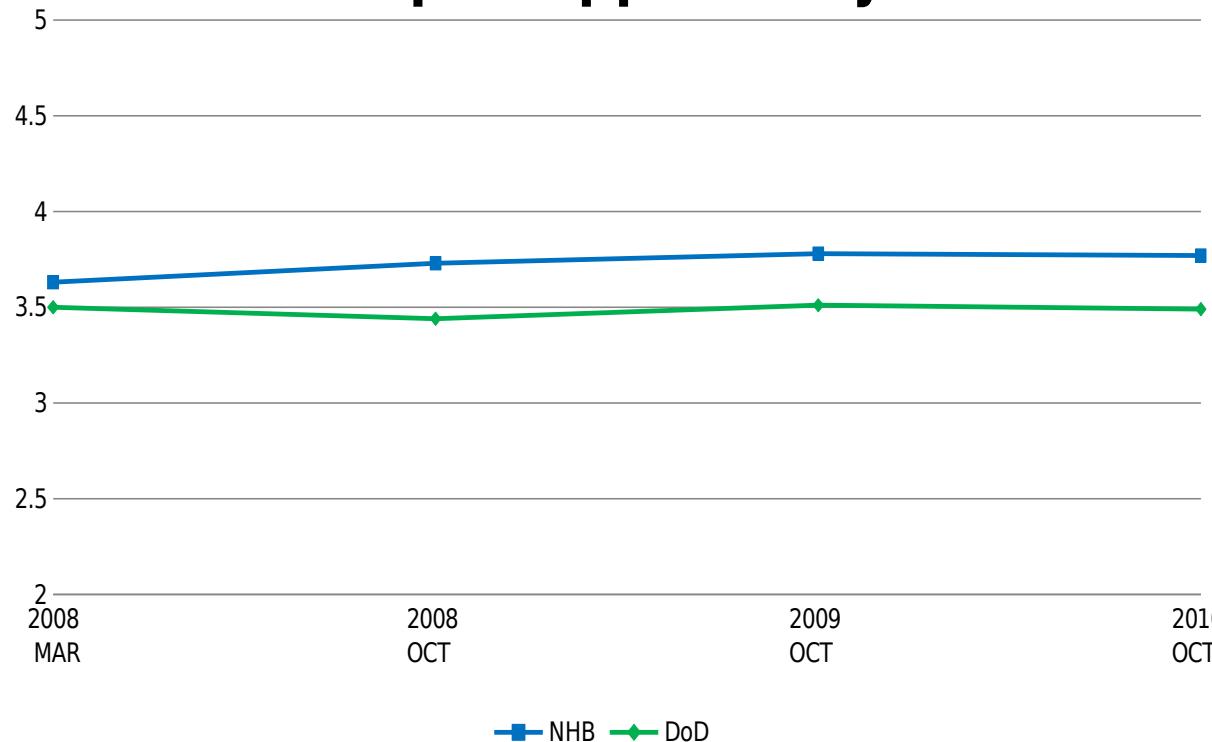
Impacting Per Member Per Month Staff Morale



Organizational Commitment

Mar 08 - Oct 10

(Source: Defense Equal Opportunity Climate Survey)



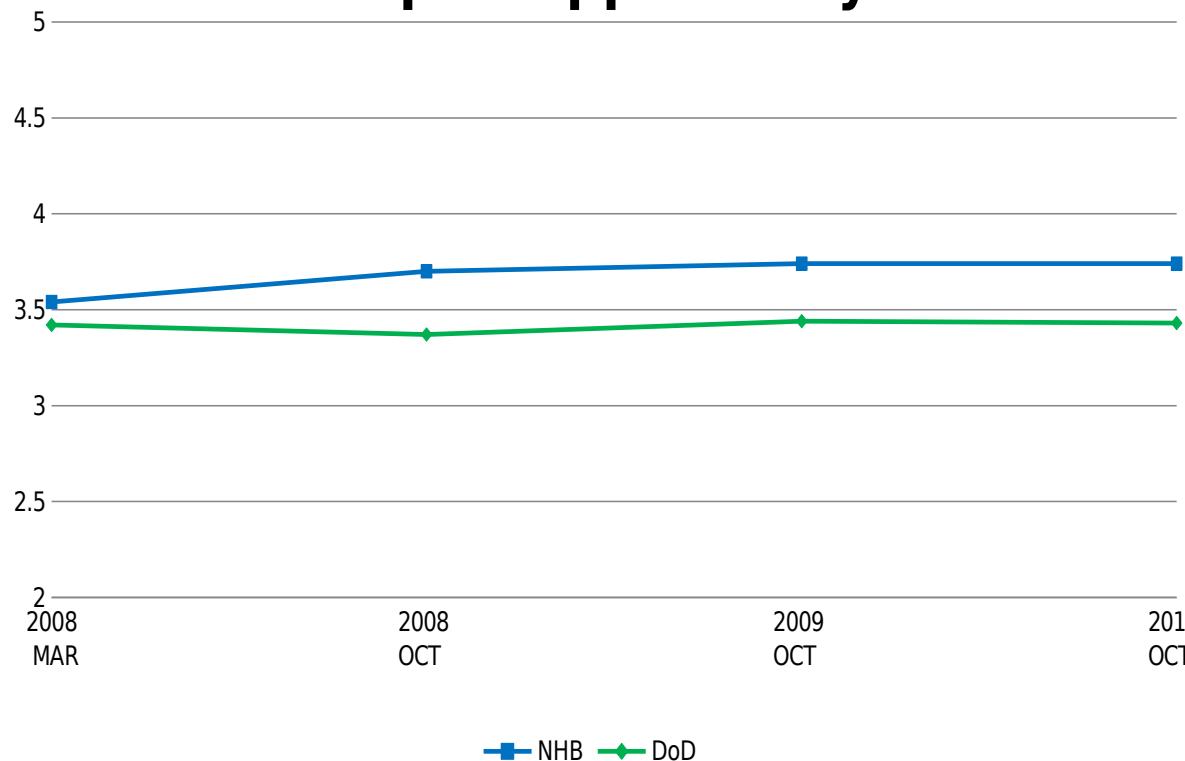
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Trust in Organization

Mar 08 - Oct 10

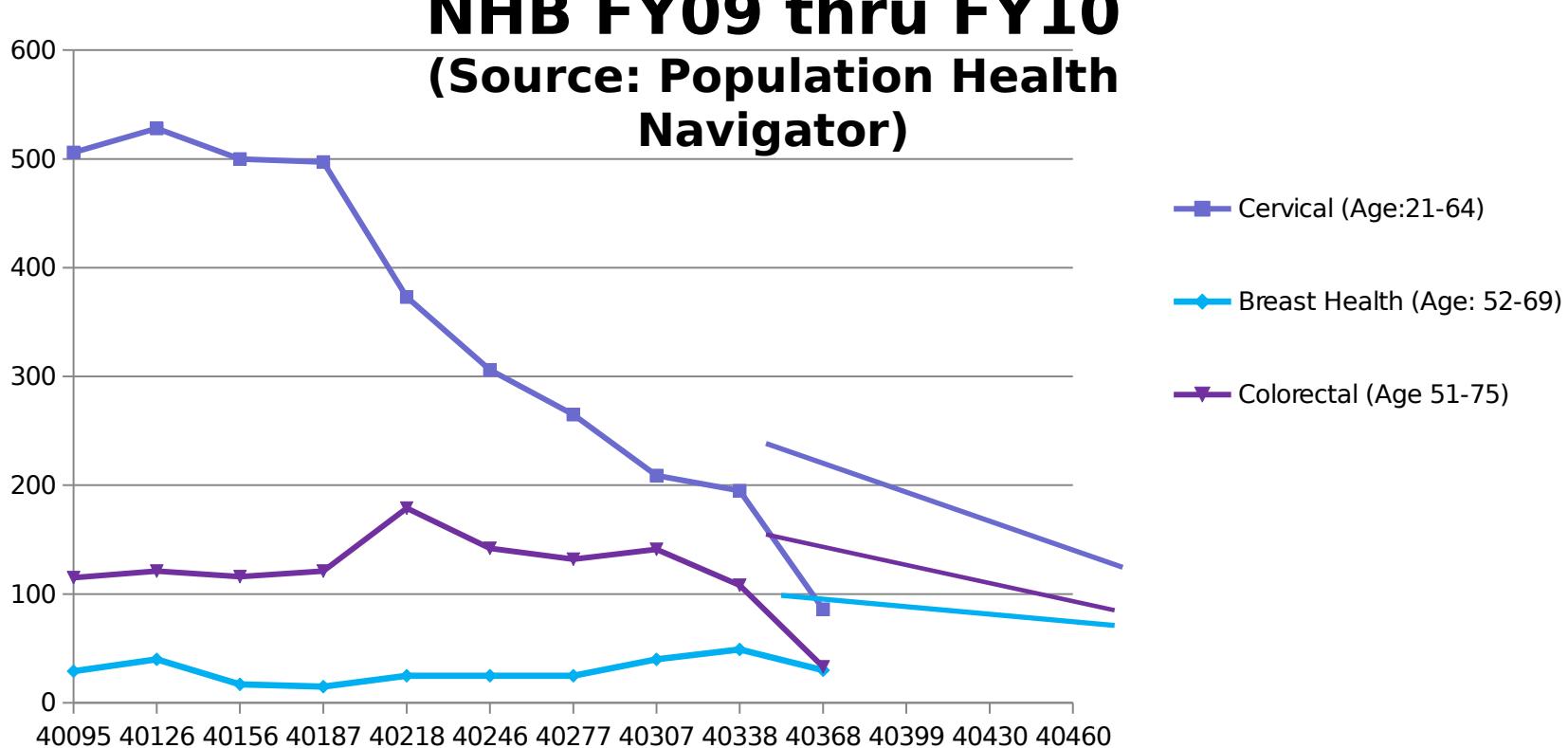
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Metrics (Cervical, Colorectal, Breast HEDIS Health) Cancer Screening Numbers to Green, (HEDIS-90)





- Good Staff Morale
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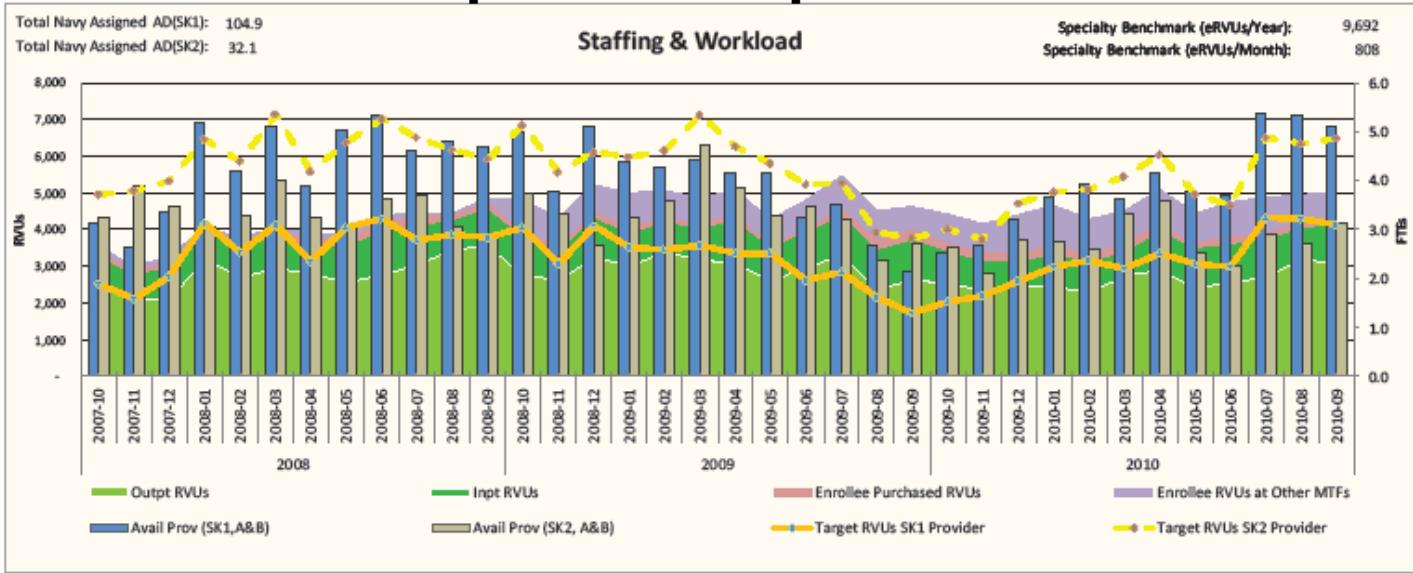
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- Focus on Quality/Process Improvement Versus Solely RVU Production
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- **Strong Referral and Right of First Refusal Program**
- Minimize Emergency Room/Urgent Care Usage
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Impacting Per Member Per Month Maximizing Use of Direct Care System



OB/GYN Usage NHB Multi-Service Market Direct Care versus Network Care FY08 thru FY10

(Source: Compendium Report December 2010)



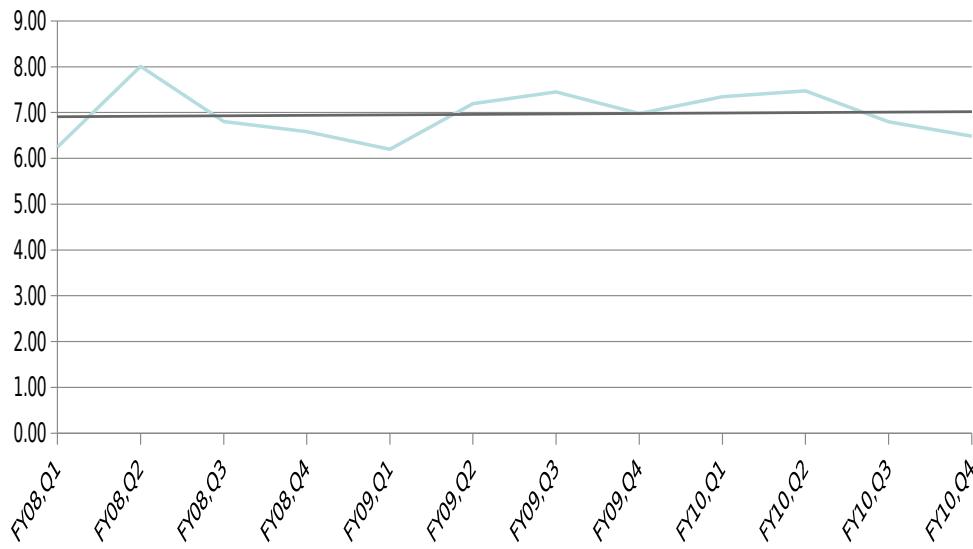


- Good Staff Morale
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- Enroll to Capability and Capacity
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Emergency Room and Urgent care Usage



**Monthly Average of ER Visits (NHB+Civilian) and Civilian Urgent Care Visits
FY08 thru FY10
(per 100 Enrollees)
(Source: M2 Data)**





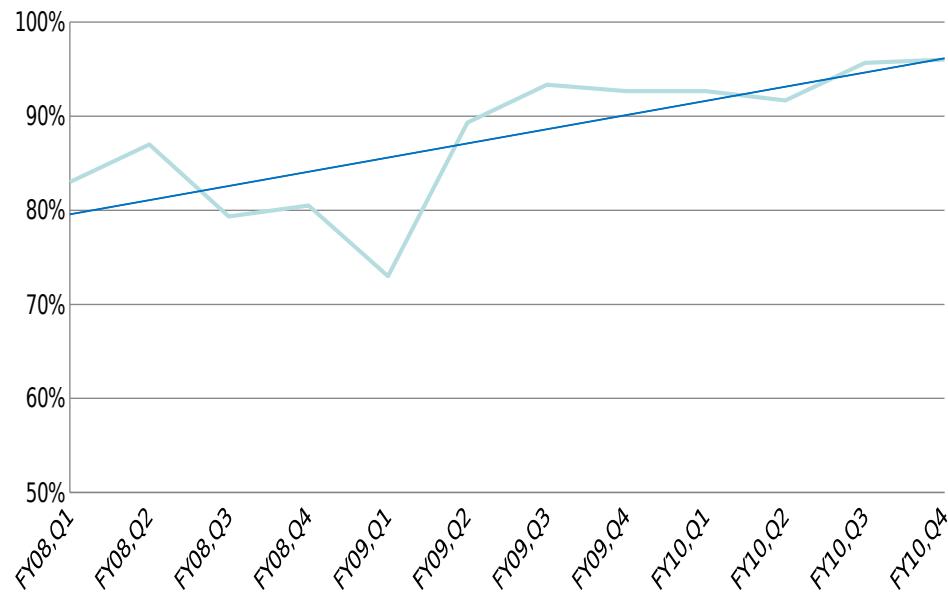
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 - Access/provider continuity

Impacting Per Member Per Month Patient Satisfaction



**% Satisfied with Care Provided at Primary and Specialty Care Clinics
NHB FY08 thru FY10**

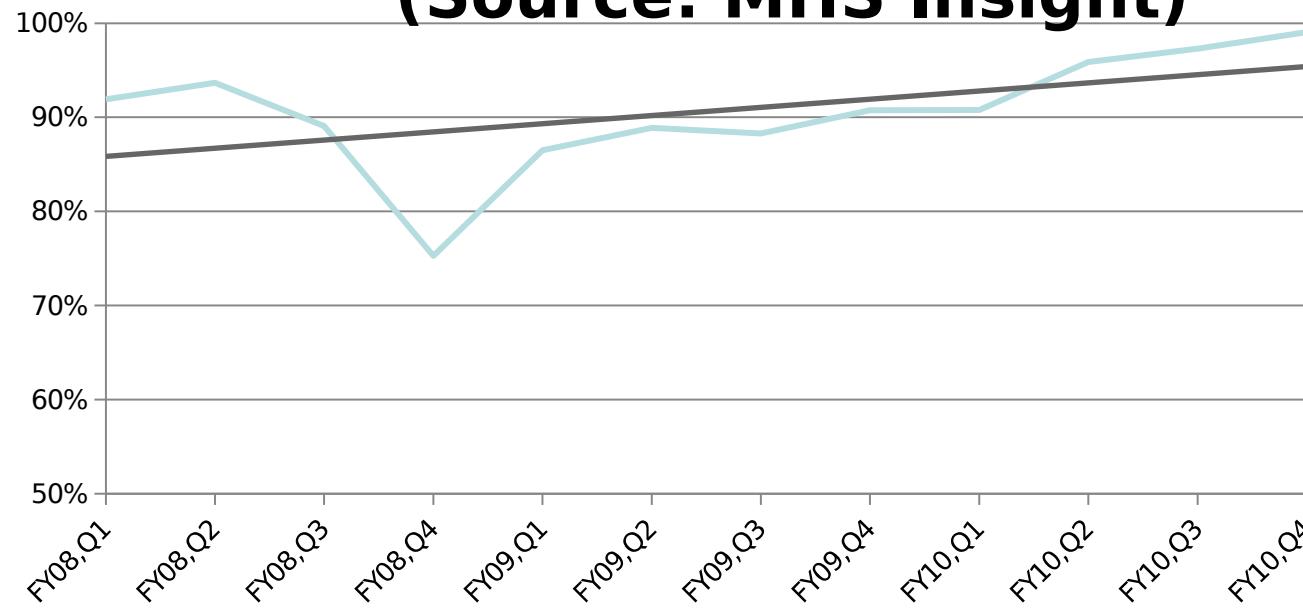
Source: ICE (average monthly responses > 75)



Impacting Per Member Per Month Access to Care



**Acute Primary Care Visits
% Met Access to Care Standards
NHB FY08 thru FY10
(Source: MHS Insight)**

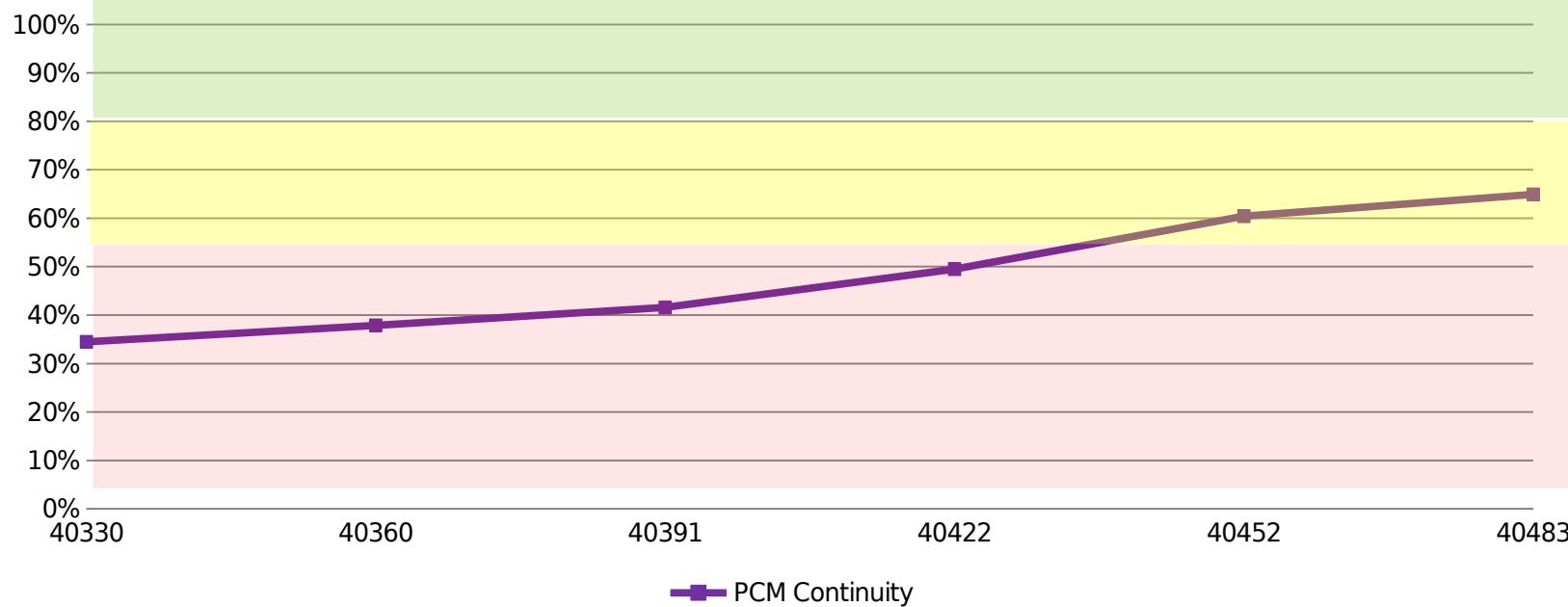


Impacting Per Member Per Month Patient Satisfaction



**PCM Continuity
NHB Family Medicine Clinic
June 10 - Nov 10**

(Source: TRICARE Operations Center)



Impacting Per Member Per Month Conclusion



- Improving tenants of the Quadruple Aim will help minimize PMPM costs
 - Per Capital Cost
 - Emergency Room/Urgent care usage
 - Specialty care
 - Population Health
 - HEDIS metrics
 - Experience of Care
 - Access to care
 - Staff/patient satisfaction
 - Provider continuity

Impacting Per Member Per Month



Thank you!

Per Capita Cost: Quality versus Quantity



Focus on:

- Enrolling to capacity and capability
- Quality and access to care
- Continuous Process Improvement

Vice:

- Relative Value Units

Minimize:

- Primary Care usage
- ER/Urgent Care usage
- Hospitalizations

Decrease:

- PMPM cost

Impacting Per member Per Month

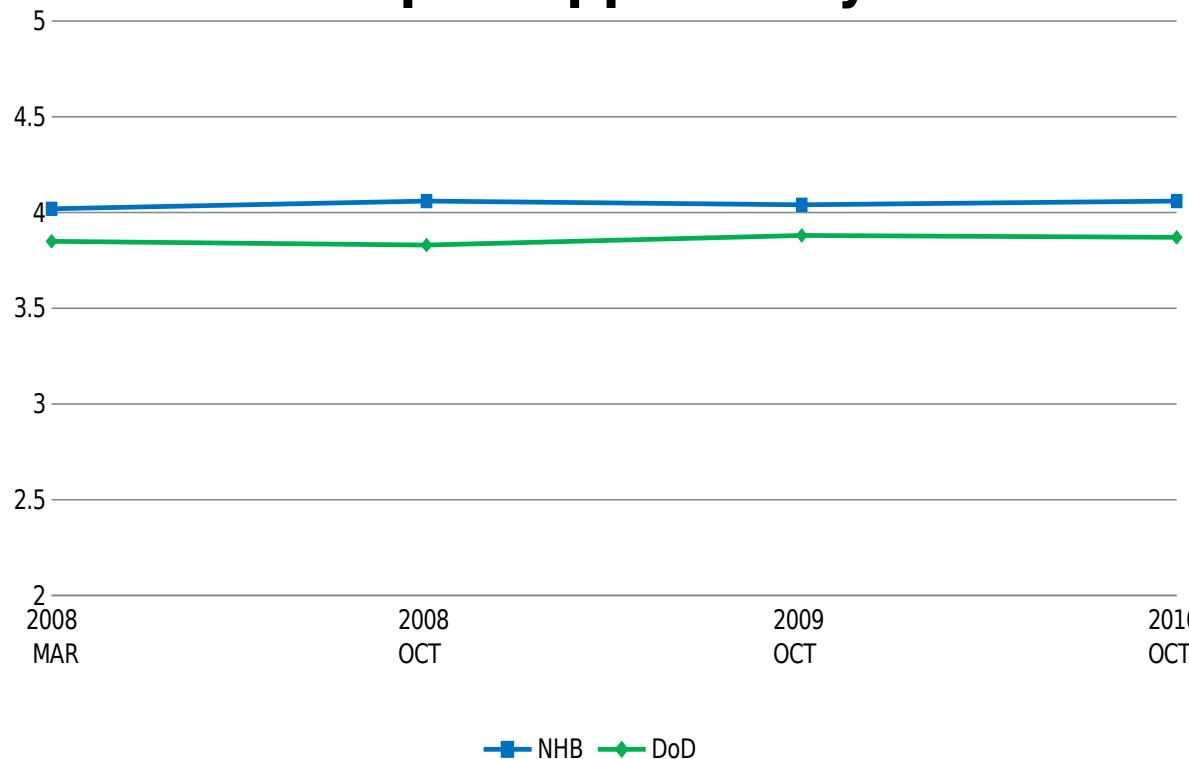


Staff Morale

Job Satisfaction

Mar 08 - Oct 10

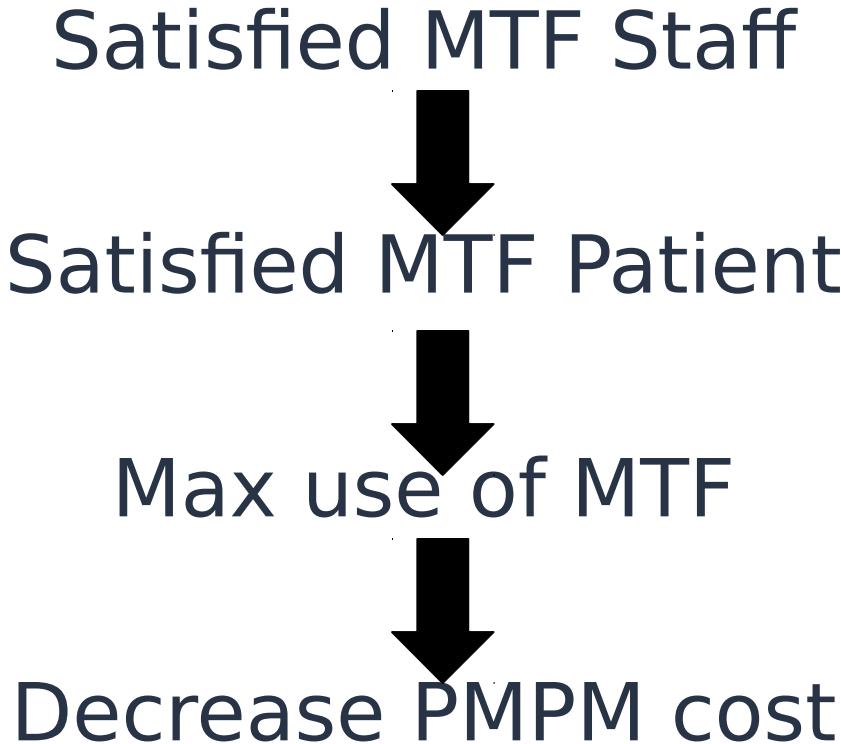
(Source: Defense Equal Opportunity Climate Survey)





- Goal: max use of direct care system
- Requirements:
 - Enroll to capacity and capability
 - Good access to care
 - Strong referral and right of first refusal (ROFR) program
 - 2 Lean Six Sigma (LSS) projects enhanced referral process
 - Strong relationship between NHB, Triwest, and network providers

Experience of Care: Staff/Patient Satisfaction



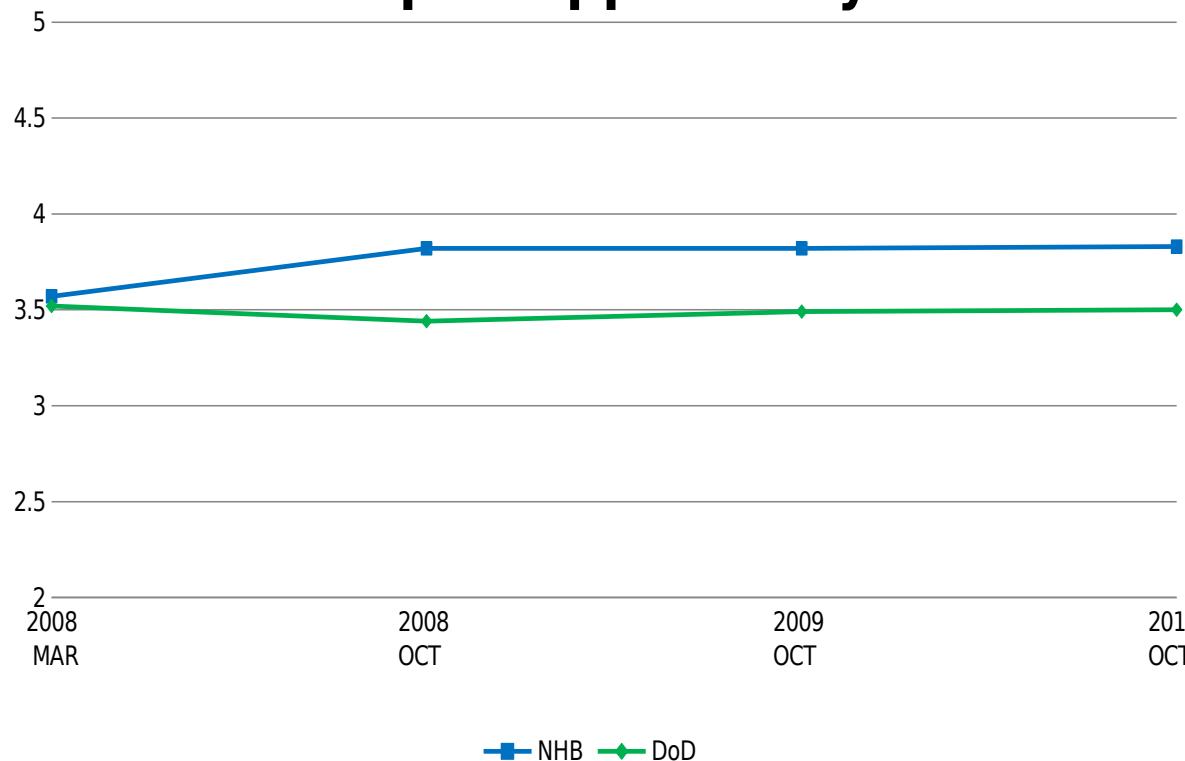
Impacting Per Member Per Month Staff Morale



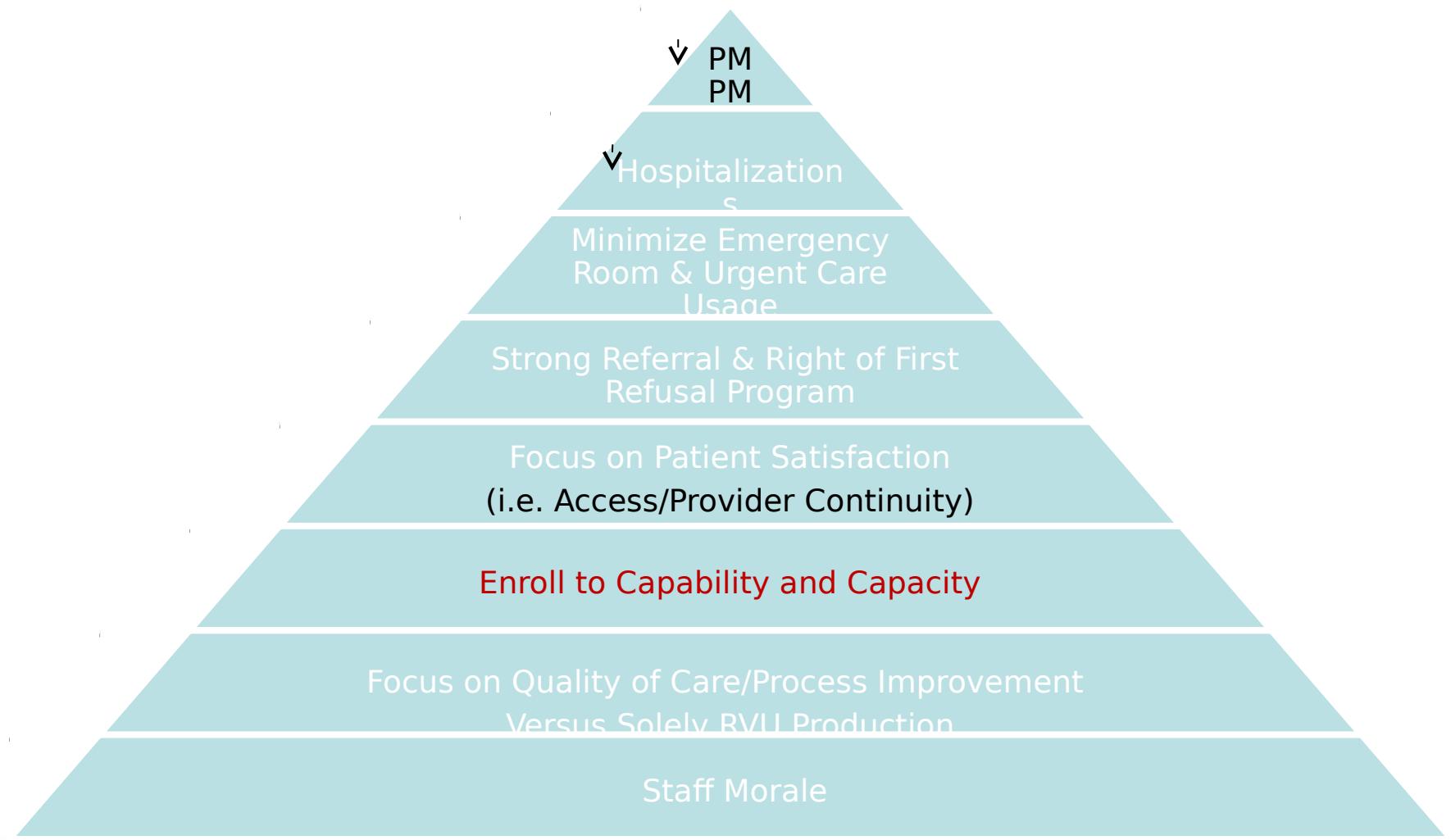
Leadership Cohesion

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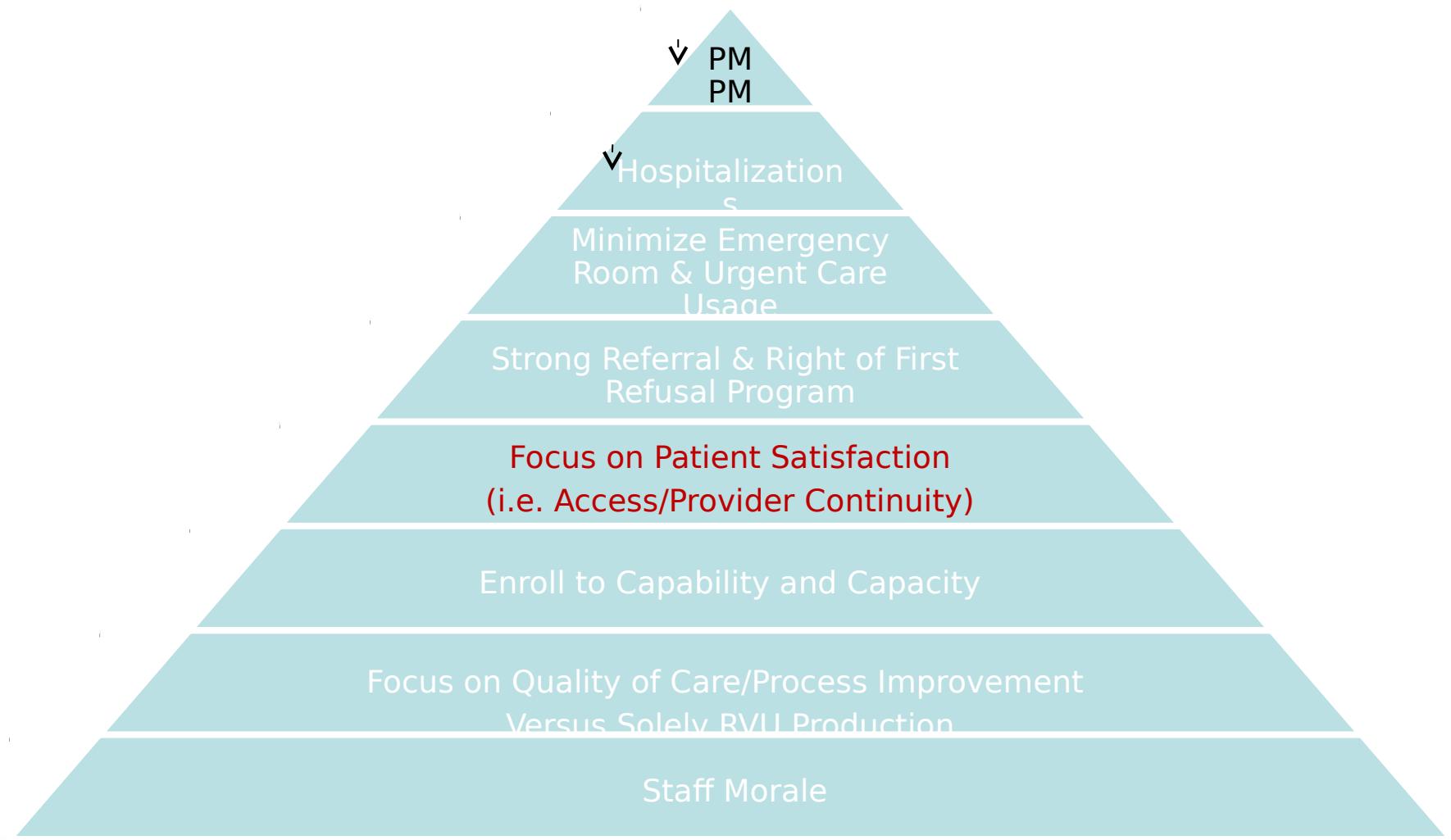
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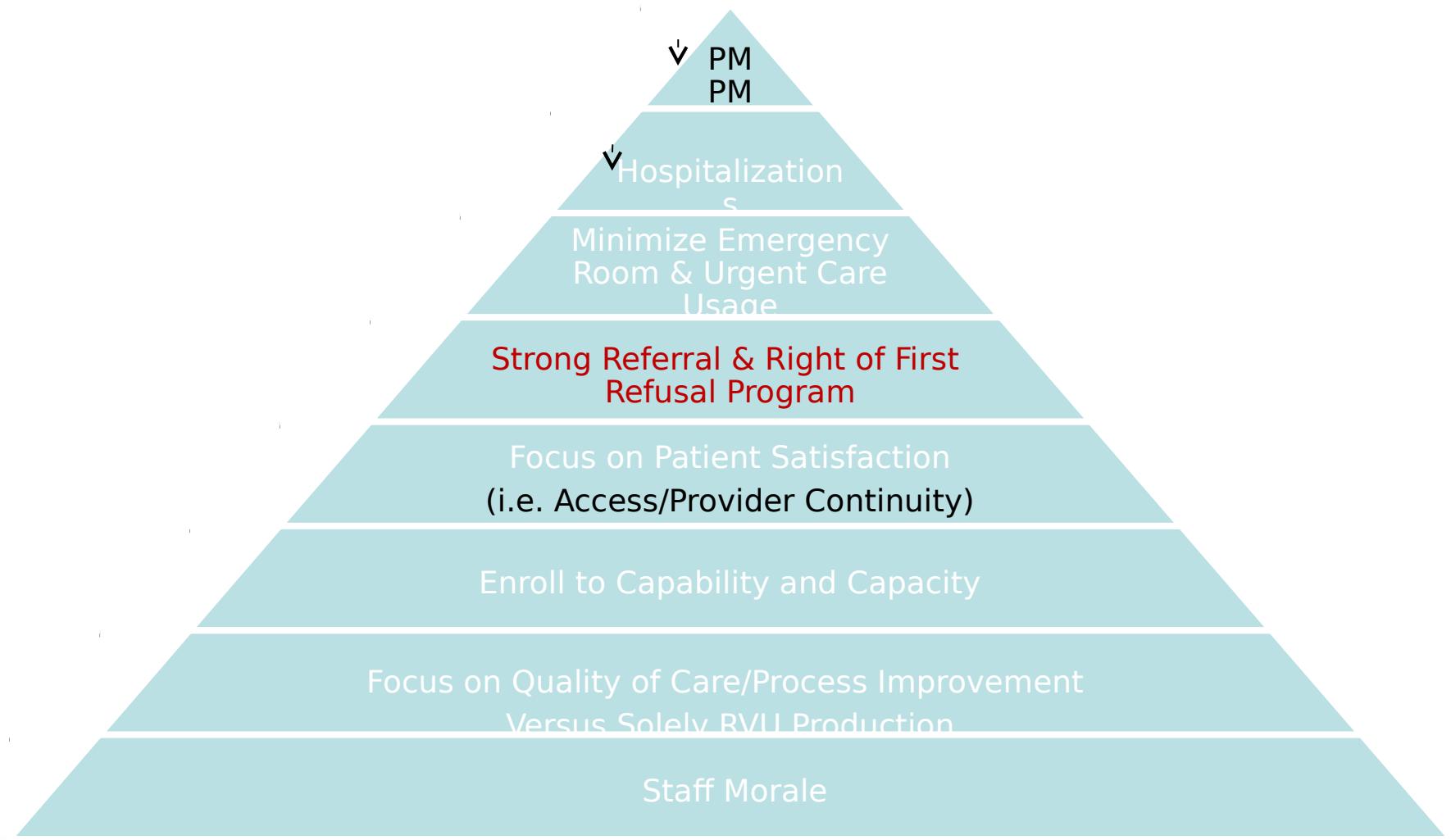
Impacting Per Member Per Month Key Ingredients



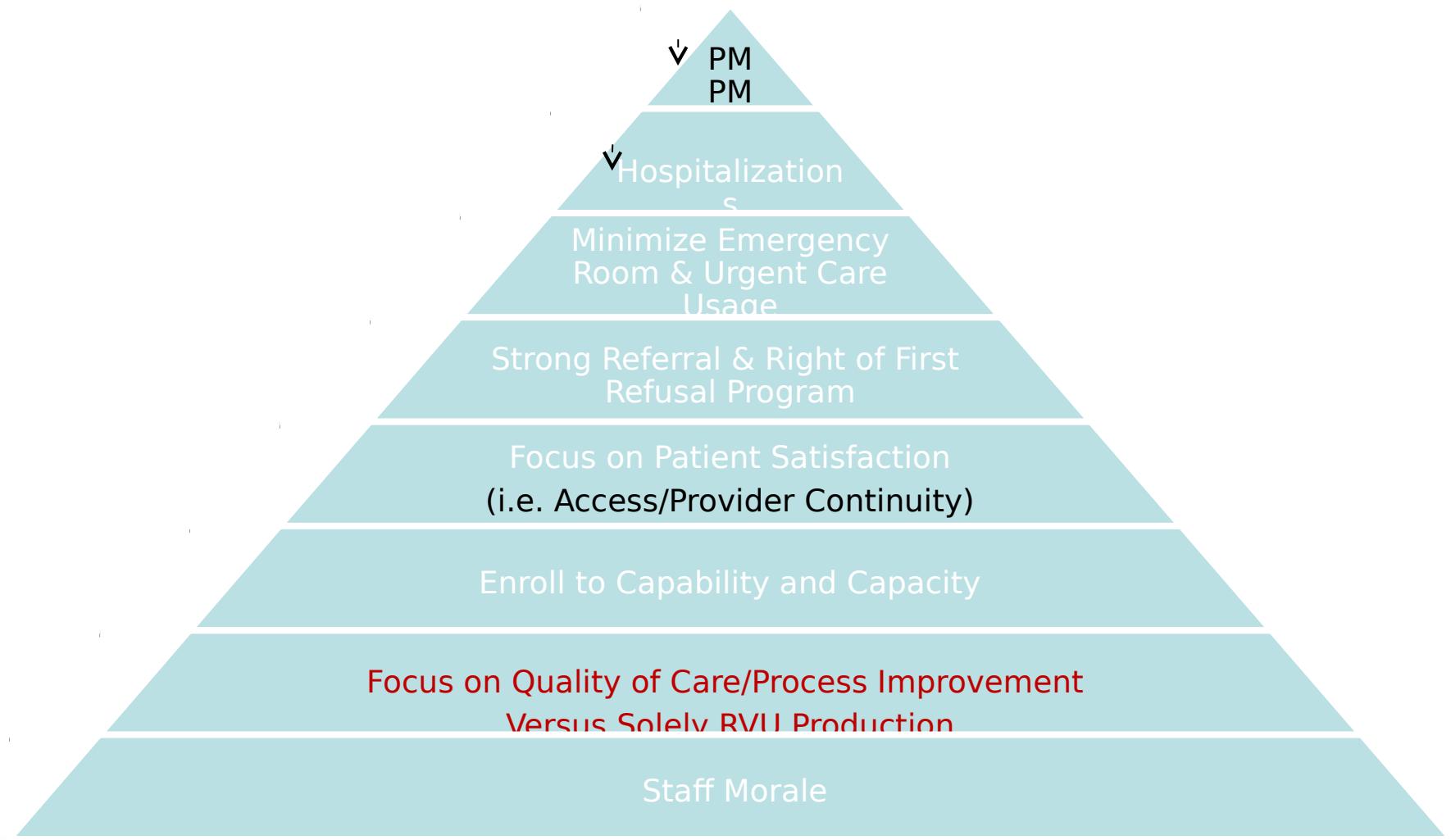
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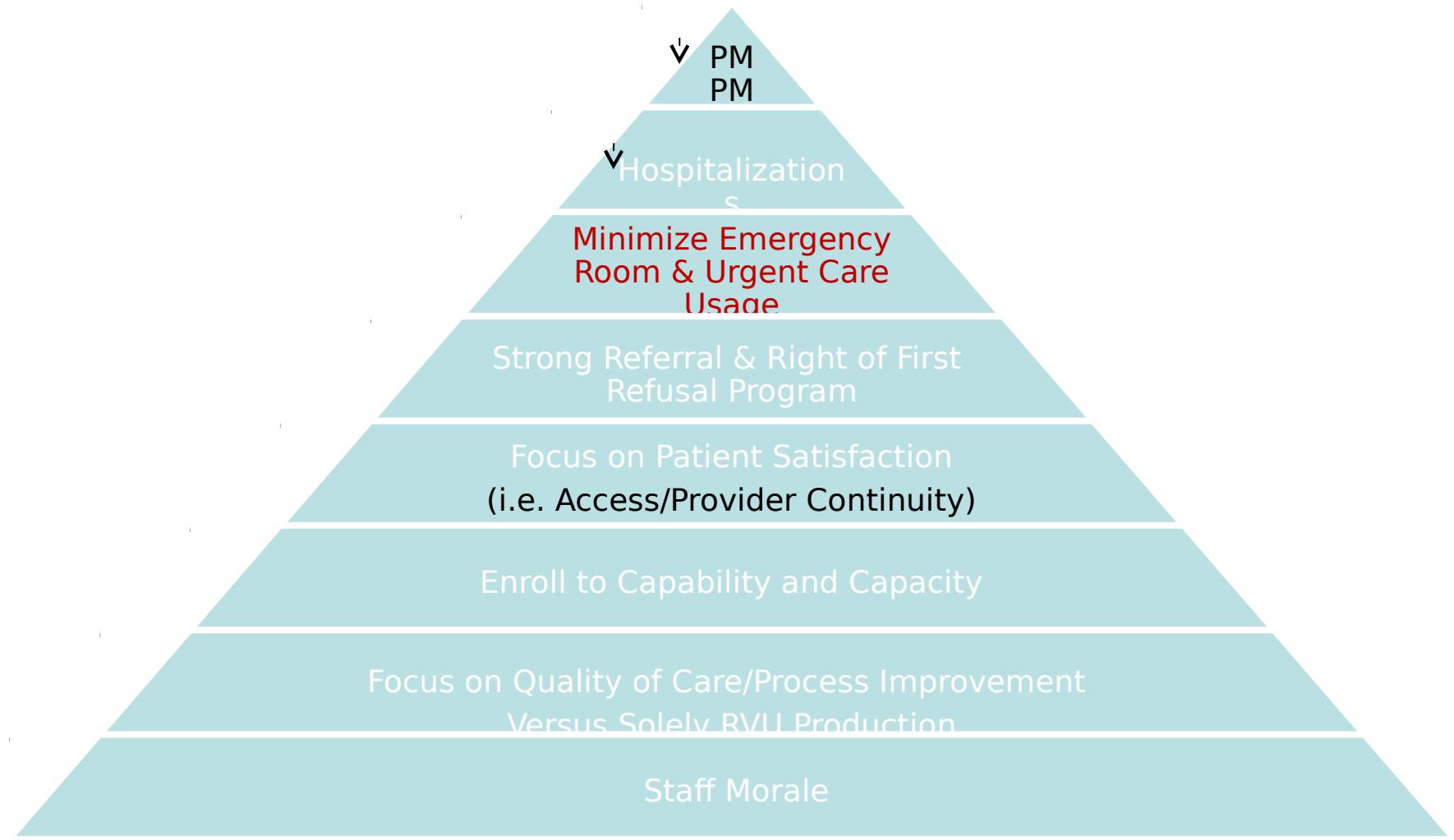
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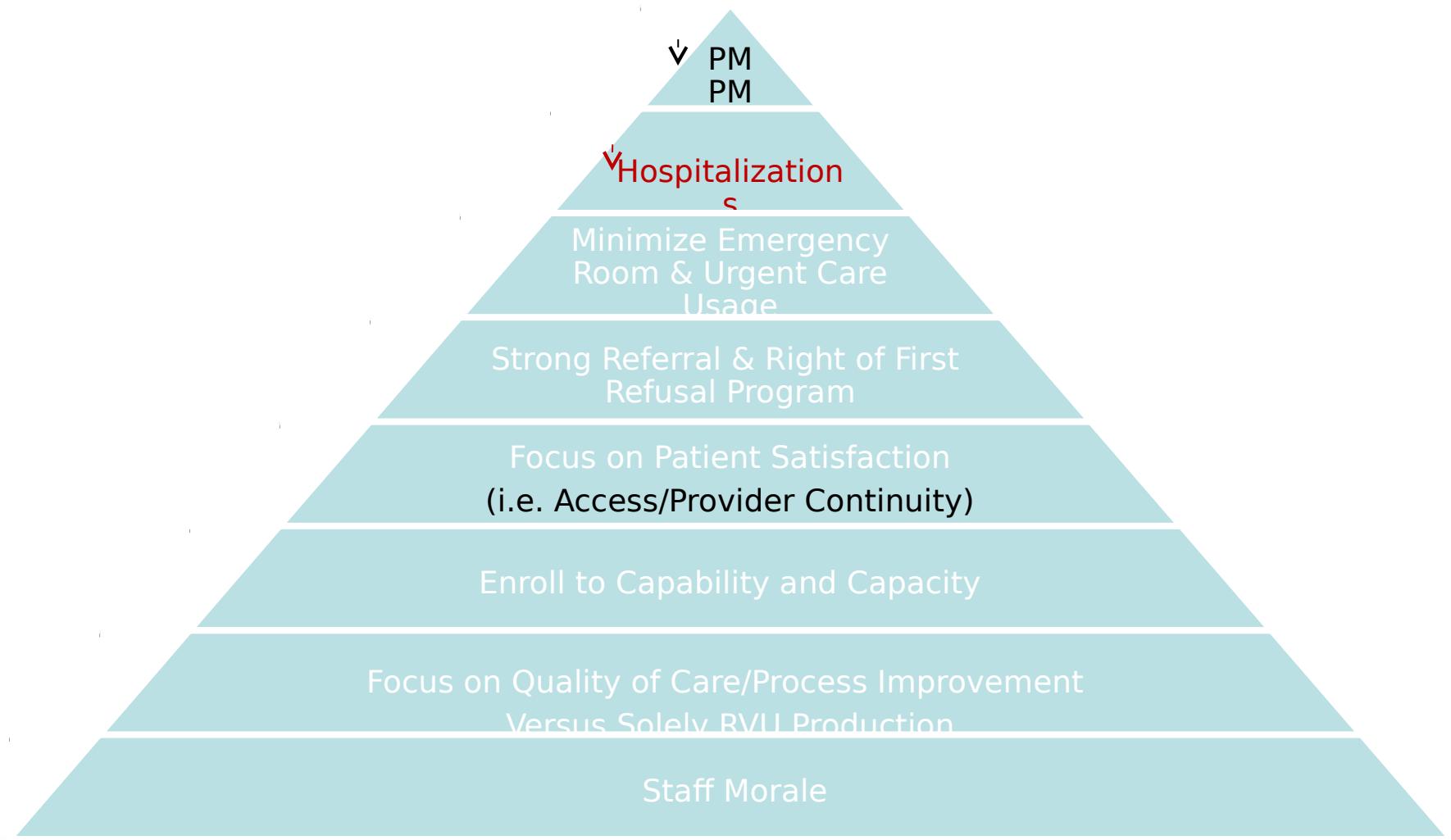
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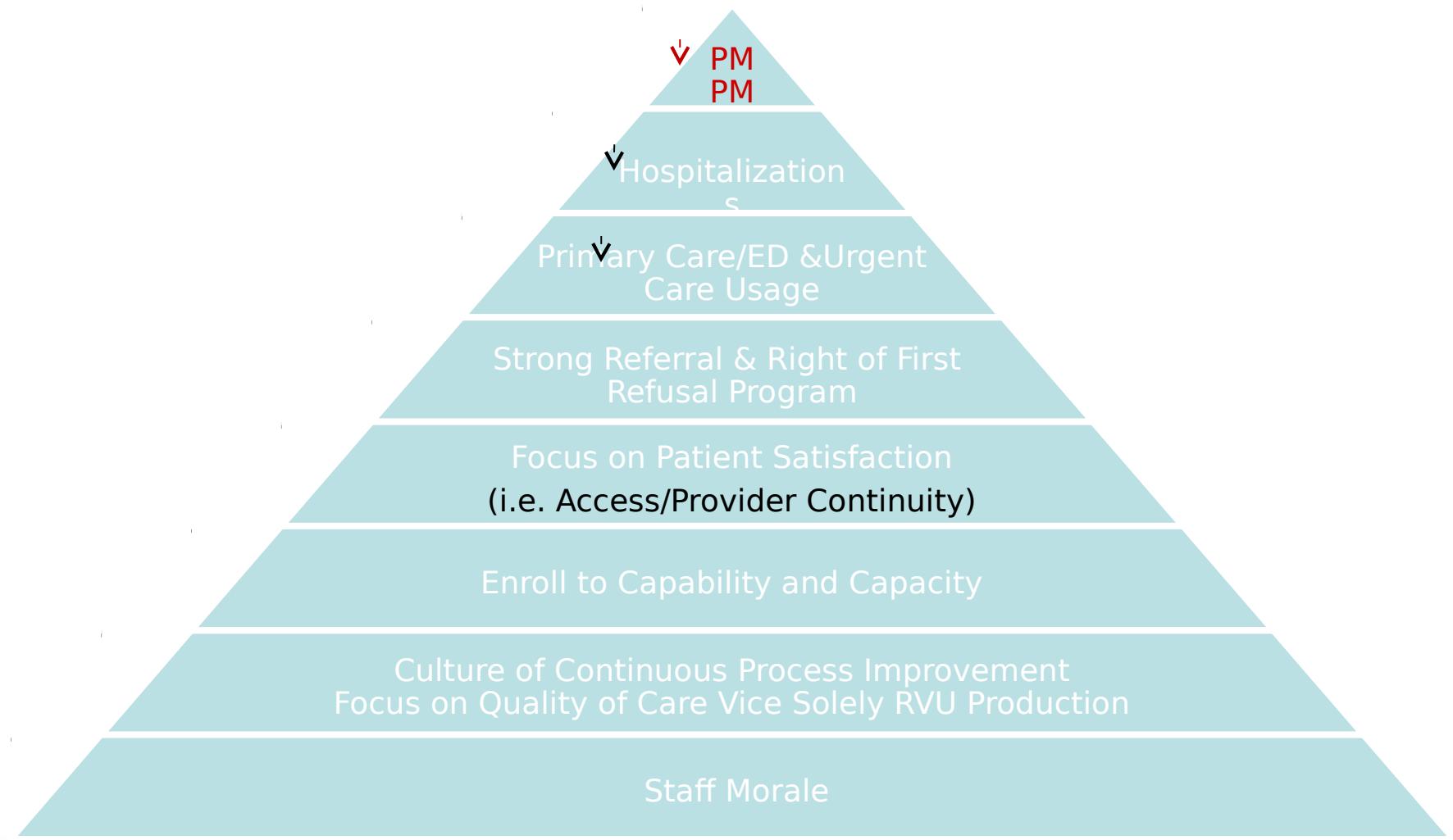
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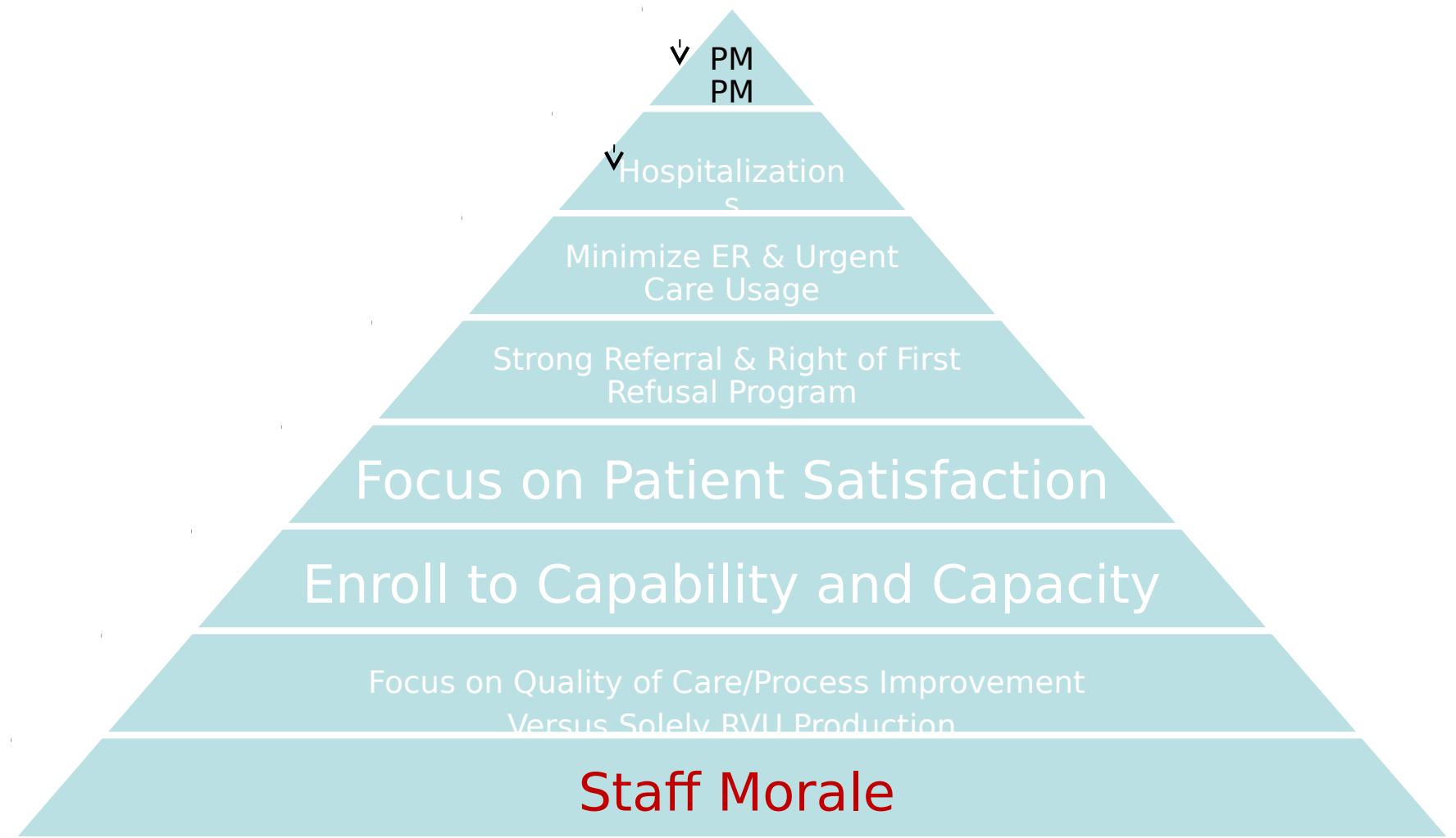
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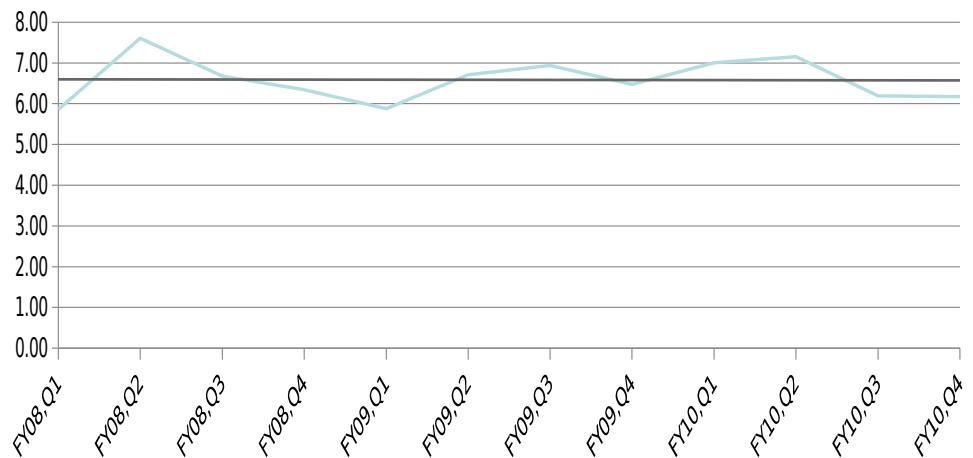
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Impacting Per Member Per Month ER and Urgent care Usage



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Quality of Care Lean Six Sigma



**%Compliance with High Level Disinfection
Process of Vaginal Ultrasound Probes
NHB Dec 09 thru May 10**

